

# The Catholic Parishes of Crawford County

## February 1<sup>st</sup> & 2<sup>nd</sup>, 2025

### THE PRESENTATION OF THE LORD

DECEMBER 27, 2020



Behold, this child is destined for the fall and rise of many in Israel, and to be a sign that will be contradicted.

LUKE 2:34

#### Parish Office Hours:

Tuesday - Friday 8:00 a.m. - 4 p.m.  
Phone: (573) 885-3520 Fax: (573) 885-3501  
Address: 415 W. School Ave., Cuba, MO 65453  
Email: hcccuba@gmail.com  
Web: holycrosscubamo.org

**Fr. Anthony (Tony) Onyeihe:** (573) 462-6522  
aonyeihe@diojeffcity.org

**S. Karen Thein SSND:** (507) 514-3226

**Deacon Chad Lewis:** (573) 885-3520

#### Holy Cross School Office:

Phone: (573) 885-4727  
Email: holycrossschoolcuba@gmail.com  
Website: www.hcschoolcuba.org  
Principal, Melinda Osentoski:  
holycross.osentoski@gmail.com

#### School Advisory Members:

|                 |                  |
|-----------------|------------------|
| Aminta Abdinova | Mike Kempf       |
| Alan Collins    | Christy Moreland |
|                 | Kathy Royal      |

#### Parish Council Members:

|                   |                 |
|-------------------|-----------------|
| Jim Bathe         | Mike Kempf      |
| Jerry Dubbelde    | RuthAnn Kuethe  |
| Alice Engelbrecht | Esli Navarro    |
| Joe Howdeshell    | Diane McCameron |
| Don Hudson        | Ruth Woodson    |
| Vicky Dunakey     | Kayla Korte     |

#### Finance Council Members:

|                  |                |
|------------------|----------------|
| Larry Howdeshell | Donna Conduitt |
| Teresa Leicht    |                |

#### Mass Schedules:

##### Holy Cross

Saturday 6:00 p.m.      **Sunday 8:00 a.m. & 10:00 a.m.**  
**Tuesday 8:30 a.m.**      Wednesday 8:30 a.m.      Friday 8:00 a.m.  
Mass in Spanish: (every 1st & 3rd Sunday) at 11:30 a.m.

##### St. Francis Caracciolo

Saturday 4:00 p.m.      Thursday 8:00 a.m.

##### St. Michael

Sunday ~~CANCELLED~~ 8:00 a.m.      ~~CANCELLED~~ 8:30 a.m.

#### Bishop McKnight's Monthly Prayer Intention:

"For mutual respect of the unique roles and responsibilities we are given as members of the Body of Christ. May we recognize and draw strength from the distinctive gifts God has given each of us with a spirit of co-responsibility. We pray to the Lord."



- Feb. 2** – World Day of Consecrated Life
- Feb. 2** – The Presentation of the Lord, Candlemas
- Feb. 3** – The Feast of St. Blaise
- Feb. 4** – Fish Fry Meeting 6:30 p.m.
- Feb. 5** – Feast day of St. Agatha
- Feb. 6** – Feast day of St. Paul Miki
- Feb. 8** – Feast day of St. Josephine Bakhita
- Feb. 11** – Our Lady of Lourdes
- Feb. 14** – Valentine's Day
- Feb. 22** – Feast day of the Chair of St. Peter

#### Mission Statement:

We, the Catholic parishes of Holy Cross, St. Francis, and St. Michael, aware of the intergenerational communities and the various cultures living in our communities, welcome all – no matter where they are on the journey of Faith. We strive to strengthen the communities of Faith by working together through prayer, works of Justice and concern for our neighbors.



## Ministry Scheduler Pro

Go to this link to see the schedule:

[www.rotundasoftware.com/ministry/HolyCrossCuba](http://www.rotundasoftware.com/ministry/HolyCrossCuba)

### Mass Intentions for 2/3– 2/9, 2024

- 4 H.C. Tues. 8:30 p.m. - No intention requested
- 5 H.C. Wed. 8:30 a.m. - Betty Weisel ☩
- 6 St.F. Thurs. 8:00 a.m. - No intention requested
- 7 H.C. Fri. 8:00 a.m. - No intention requested
- 8 St.F. Sat. 4:00 p.m. - No intention requested
- 8 H.C. Sat. 6:00 p.m. - Knights and Ladies Auxiliary #8920 ☩
- 9 H.C. Sun. 8:00 a.m. - People of the parish
- 9 H.C. Sun. 10:00 a.m. - Holy Cross School

### Parish Collections: January 25 & 26, 2025

| Parish      | Envelopes  |   | Loose    |   | Total      |
|-------------|------------|---|----------|---|------------|
| Holy Cross  | \$3,060.00 | + | \$547.00 | = | \$3,607.00 |
| St. Michael | \$2,269.00 | + | \$91.00  | = | \$2,360.00 |
| St. Francis | \$584.00   | + | \$245.00 | = | \$829.00   |



Joann Mullen, Eugene Kempf, Charlotte Vavra, Helen Mattox, Suzy Hutchins, Lona Pogue, Janet Lyons, Catherine DeClue, Julie Coster, Donna Lott, Joyce, Joe Kuenz, Cayden Richards, Mariana Weber, Don and Kaye Robertson, Dustin Drennan, Yazmin Viramontes, Carolyn Horsefield, James Happle Sr., Sandy Mowry, Aiden Leos, Jerry Welter, Rob Herzberg, James Ray

### Adoration: Every Wednesday



Adoration is every Wednesday after Mass to 3 p.m. There are weekly sign-up sheets at Holy Cross. You can sign up online at Ministry Scheduler Pro. *What hour can you be before the Blessed Sacrament?*

### Faith Formation:



Classes are Wednesdays 5:30 – 6:30 p.m.

February 5

February 12

February 19

**NO Class February 26**

### Altar Society:



The Altar Society WILL **NOT** have a meeting in the month of February.

### OCIA (Order of Christian Initiation for Adults):



Please keep the candidates in your prayers as they deepen their relationship with Christ and discern their call to join the Church. The OCIA sessions in February are:

February 2

February 9

February 16

**NO Class February 23**

### Celebrations on February 2nd:

Sunday, on February 2nd, we celebrate many things: The Feast of the Presentation of the Lord, Candlemas Day, and the World Day for Consecrated Life.

*The Presentation of the Lord* is a feast day celebrated 40 days after Christmas, where Mary and Joseph brought baby Jesus to the Jerusalem Temple to present him to God, fulfilling Jewish law. Jesus was recognized as the Messiah and the



"light of the world," as prophesied by Simeon and Anna, two elderly people who were present in the Temple.

Because Jesus is the light of the world, Candles are also blessed on this day, *Candlemas Day*.



On February 2<sup>nd</sup> we also celebrate *World Day for Consecrated Life*. On this special day, we congratulate Sister Karen and all those who have dedicated their lives to God through consecrated life. Their commitment to a life of prayer, service, and devotion is a profound witness to God's love in the world. Let us pray for Sister Karen and all consecrated men and women, asking God to bless



them and guide them as they continue their mission of sharing faith, hope, and charity with others.

Thank you, Sister Karen, for your faithful service and the inspiration you bring to our parish community! May you continue to be a light to all.

### Blessing of the Throats this weekend:



February 3<sup>rd</sup> is the feast of St. Blaise. St Blaise is the patron of throat diseases since he once saved a child from choking. Tradition is to bless throats. There will be blessing of throats at the weekend Masses in English & Spanish on February 1st and 2nd.

### Special Consecration to Jesus in the Holy Eucharist.



This weekend, Sunday, February 2<sup>nd</sup> at 4:00 p.m., Fr. Tony and those who have completed the journey through "33 Days to Eucharistic Glory" will gather for a special Consecration to Jesus in the Holy Eucharist. This sacred event celebrates the grace and commitment inspired by the book handed out during Christmas. All are welcome to attend and witness this meaningful moment.

### Fish Fry Meeting:

**It's hard to believe but it's time to get going on Fish Fries again.**



Everyone who is interested is invited to join the meeting on

**Tuesday, February 4<sup>th</sup>  
at 6:30 p.m.** at

Holy Cross Parish Hall.

**Please come and bring your ideas!**



## Catholic Schools Week:

The children and staff at Holy Cross began to celebrate National Catholic Schools Week on January 26<sup>th</sup> with Mass and a social gathering with the Knights of Columbus providing donuts and refreshments. The children did various fun activities throughout the week. Thank you for celebrating and supporting CSW week.



### CALLED BY NAME



DIOCESE OF  
Jefferson City

Next weekend is called by name Sunday. The Diocese of Jefferson City invites us to reflect on God's call in our lives. Bishop McKnight encourages everyone to be open to His call, especially to the priesthood or religious life.

Take time this week to consider someone in our parish who may have a vocation to the priesthood or religious life. At Mass next weekend, you'll have the opportunity to submit their name so they can receive encouragement from Bishop McKnight and Fr. Paul Clark.

God calls, but He often uses us to invite others—let's be His voice!

## Scout Sunday 2025:



This year's theme, "*Let the Rocks Cry Out,*" highlights faith, service, and community, reinforcing Scouting's commitment to God. Scout Sunday unites scouts in their duty to God and allows faith communities to celebrate and support scouting's role in character development, citizenship, and personal growth. Through the Scout Oath and Law, the scouts have a sense of unity and purpose and are encouraged to live by their principles. This weekend let's recognize the positive impact of Scouting has on individuals, communities, and in our parishes!

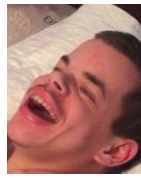
## Groundhog Day:



Punxsutawney Phil, will once again appear at sunrise on February 2 at Gobbler's Knob in Pennsylvania to make his annual prediction. Will he see his shadow? Will we have 6 more weeks of winter?

*Do you know the story of Groundhog Day?* The story actually begins with Candlemas Day! Early Christians declared if there are clear skies on Candlemas Day, this meant a longer winter. Germanic tribes declared that if the sun made an appearance on Candlemas Day a hedgehog would cast a shadow, thus predicting six more weeks of bad weather or "Second Winter." German settlers brought the tradition to Pennsylvania, swapping hedgehogs for groundhogs to forecast the weather. In 1886, the Punxsutawney Groundhog Club was formed, and a local editor declared Punxsutawney Phil as the official weather prognosticator.

## Prayers and Sympathy for the Voss Family:



Please pray for the Voss family. Ethan David Voss, son of Brad and Renee Voss, passed away on Friday, January 24<sup>th</sup>. His Funeral Mass was on Wednesday, January 29, at Holy Cross Catholic Church. May he rest in peace.

## Prayers and Sympathy for the Korte Family:



Father Korte passed away on Friday, January 24<sup>th</sup>. Father Korte was the priest at our 3 parishes from 2013 – 2014. His funeral Mass was on Saturday, February 1, at the Cathedral of St. Joseph. He will be buried at the St. Michael Cemetery in Steelville, Missouri

## World Day of the Sick:



Tuesday, February 11<sup>th</sup> is the World Day of the Sick. It is observed each year on the feast of Our Lady of Lourdes. Let us pray for the sick, for the chronically ill, and for those afflicted with conditions that are especially hard to bear.

## "33 Days to Eucharistic Glory"



Extra free copies of our Christmas giveaway book, "*33 Days to Eucharistic Glory*", are available near the Holy Cross church entrance. Pick up a second copy, and give it to someone you love.

## From This Weekends Responsorial Psalm (Psalm 24:7-10):

***"Who is this king of glory?  
It is the Lord."***

### Reflection:

Those who are faithful and vigilant in prayer are well-prepared to recognize God's presence in ordinary people and events. Today's Psalm is right: "Who is this king of glory?" What will help us recognize God's entrance into our lives? Simeon and Anna teach us the answer: watchfulness and prayerful attentiveness.

### So, we ask ourselves:

- Do I look for God in the daily events of my life?
- Do I have a regular pattern of prayer that helps me be alert to God's presence in my daily life?





Join Musicians and Composers

Kathleen Basi and Katie Wills

For an Evening of Music & Reflection

Women of God: Uniquely Gifted, Uniquely Called

# Ministry on the Move!



SCAN TO SIGN UP

Feb 3- St Patrick Parish Parish Center  
1601 N Bishop Ave  
Rolla MO  
doors open at 5:30

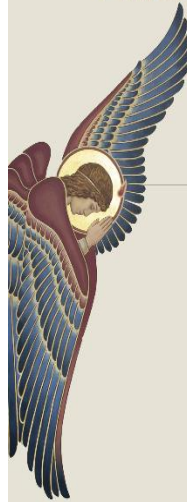
Women's Ministry of St Patrick's Parish will provide a light box dinner. Must register by Jan 29th



full details and registration at:  
[diojeffcity.org/womens-ministry-upcoming-events](http://diojeffcity.org/womens-ministry-upcoming-events)

PRAYER. SILENCE. LECTIO DIVINA.

# ENCOUNTERING CHRIST RETREATS



On these silent retreats you can expect:

- Silence and a technology "fast"
- Four conferences given by a monk, intended to lead the retreatant to encounter Christ
- Participation in the Divine Office and Mass with the monastic community
- Specific times for personal prayer and *lectio divina*
- Adoration of the Blessed Sacrament and the Sacrament of Reconciliation

## MEN'S RETREATS

## WOMEN'S RETREATS

|                          |                  |                      |                      |
|--------------------------|------------------|----------------------|----------------------|
| Jan. 24-26, 2025         | July 18-20, 2025 | Jan. 17-19, 2025     | July 11-13, 2025     |
| Feb. 21-23, 2025 (fully) | Aug. 29-31, 2025 | Jan. 31-Feb. 2, 2025 | Aug. 22-24, 2025     |
| May 16-18, 2025          | Oct. 17-19, 2025 | March 21-23, 2025    | Sep. 12-14, 2025     |
| May 30-June 1, 2025      | Nov. 21-23, 2025 | May 23-25, 2025      | Oct. 31-Nov. 2, 2025 |
| June 27-29, 2025         | Dec. 19-21, 2025 | June 20-22, 2025     | Dec. 12-14, 2025     |

Pricing: \$250 per person.  
Retreat costs includes all the meals, a private room, linen and towels, and retreat director fee.

We are located in northwest Missouri:  
37174 State Hwy V V | Conception, MO 64433

Scan the code to visit our website for more information!



**CONCEPTION**  
Living the Benedictine Tradition  
ABBAY GUEST CENTER

*Joyful*  
community & faith



**Camp Lolek**  
FOR JUNIOR HIGH

Boys: June 8-12  
Girls: June 15-19

### Adventure

Sisterhood | Brotherhood  
Leadership



**Camp Maccabee** **Camp Siena**  
FOR YOUNG MEN FOR YOUNG WOMEN

July 2025 July 2025

finalized dates for Maccabee and Siena will be announced at end of month  
**REGISTRATION OPENS JANUARY 31**



[DIOJEFFCITY.ORG/YOUTH-CAMPS](http://DIOJEFFCITY.ORG/YOUTH-CAMPS)

# BE HIS VOICE

CALLED BY NAME SUNDAY  
IS NEXT WEEKEND

Please prayerfully consider who you think God might be calling to priesthood or religious life

## BE HIS VOICE

NOMINATE SOMEONE YOU THINK GOD MIGHT BE CALLING TO PRIESTHOOD OR RELIGIOUS LIFE

### NOMINATE AT MASS

From Feb. 8-9, nominate someone using your parish's in-pew cards during Mass



### NOMINATE ONLINE

Go to [diojeffcity.org/called-by-name](http://diojeffcity.org/called-by-name) and complete the online form

CALLLED BY NAME



DIocese of  
Jefferson City

CALLLED BY NAME



DIocese of  
Jefferson City



# MARRIAGE RETREAT

Living in the Trinity  
with Mary



## MARCH 14-15, 2025

CATHEDRAL OF ST. JOSEPH | JEFFERSON CITY, MO

for married couples

### Join us for:

- Inspiring talks, prayer experiences and quality reflection time
- Strengthen your relationship and communication skills
- Explore the spirituality of your relationship

### Register:

- Cost \$20, food is included
- Scholarships are available

**Register by March 1  
receive free childcare  
during the retreat!**

### Meet our presenters:

Lisa and Paul Masek are members of Incarnate Word Parish in Chesterfield, MO. They have been married for 35 years, have four adult children, and together they enjoy hiking, traveling, snuggling, and laughing.

Liz and Dominic Lozano are members of Incarnate Word Parish in Chesterfield MO. They have been married for 21 years, have two teenage daughters at home and one up in heaven, and enjoy evening walks, playing music together, and just being goofy with each other.



Register now at  
[diojeffcity.org/  
marriage-retreat](https://diojeffcity.org/marriage-retreat)



### Are you new to the Parish?

If you are new to the parish, please call the office at 573-885-3520 to register or stop by so we can meet you!

### Has your information changed?

If you have moved, disconnected your home phone and only use a cell, or have any other household changes, please let us know so we can update our records.

**Remember – if you don't tell us – we won't know!**

## Mass Intentions FOR THE WEEK



If you would like to have a Mass said, the suggested amount for the stipend is \$10. Call the office to schedule a Mass Intention, or put your stipend in an envelope with the following Information:

- Your name & phone number
- Who the Mass is for
- If they are deceased
- Specific date (if any) please specify if the intention can be on a weekday or not.

### Anointing of the Sick:

It is important to seek the sacraments of the Anointing of the Sick and Reconciliation prior to going to the hospital, when you are sick, or nearing death. Contact the office or Father for to schedule a time for the sacrament.



**Homebound:** If you would like to minister to the homebound by visiting them and bringing them Communion, please contact S. Karen 507-514-3226.

### Yoga Class on Tuesdays Offered at Holy Cross:

For a small fee, Yoga Class offered on Tuesdays at HC from 5:30 - 6:30 p.m. For more information, contact Diane 314-578-1132 or Donna 573-259-6957.



### “Heavenly Cleaner” Volunteers – Please Help:

Holy Cross has a group of volunteers called “Heavenly Cleaners” that clean the church each week. They are divided into teams of 2. Each team cleans the church once a month. The team is asked to freshen up the bathrooms, vacuum the floor, dust, take out trash, and sanitize. If you would be interested in helping with this ministry of the church, please call the parish office.



**FlockNote** 

Keep in touch with us  
VIA EMAIL AND TEXT MESSAGE

Text: **crawfordcounty**  
To: **84576**  
OR online at: **HCross.flocknote.com**

### Cemetery/ Columbarium:

Many people feel it can be a great help to their grieving family members if the desires of the deceased were planned by him/herself before the time of death. Whether cremation or burial is chosen, consider Holy Cross as yours or your loved one's final resting place. Many people are not aware that the proper practice for cremation is to place the cremains in the columbarium or bury them in the cemetery. If members of our community have the cremains of a loved one in their home, or another place other than the cemetery, they should make arrangements to give their loved ones a place to rest in the columbarium or cemetery with the proper prayers of interment.



Holy Cross Catholic Cemetery plots/niches are available whether burial or cremation is your choice. Contact Louis Raineri 573-259-8920 or the parish office for more information. Sacred Heart in Leasburg and Mount Calvary in Bourbon.

### Baptisms & Weddings:



If you are planning a Baptism, there is a preparation class. Please speak with Sister Karen to schedule. If you are planning a wedding, please contact Father Tony. There is a preparation that needs to be done 6 months prior to the wedding.



### Funeral Dinners:




If you are interested in helping with the funeral dinners, please call the office. You will be called upon when a funeral dinner is requested. Help with bringing food, set up, or clean up! Please consider this ministry of the church so we can provide for our grieving families.

 **Misa en español**

**CADA 1º Y 3º DOMINGO DEL MES.**  
**MASS IN SPANISH IS EVERY 1<sup>ST</sup> & 3<sup>RD</sup>**  
**SUNDAY OF THE MONTH**

**ASSISTIVE LISTENING SYSTEMS AVAILABLE** 

Remove from charging station.  
The On button is on the top  
Volume Control is on the front.  
After Mass, wipe off unit and return to charging station.

 **Pope Francis Prayer Intention**  
**FEBRUARY**

**For vocations to the priesthood and religious life**  
“Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life.”



## CubaKofC Membership Invite:



The Cuba Knights of Columbus covers all of Crawford County. CubaKofC is in search of new members to help our order grow and maintain its position as the strong right hand of the Church and service to the community of Crawford County.

CubaKofC consists of the men and women volunteers. The Knights of Columbus Chapter 8920 and the Ladies Auxiliary 8920. These men and women's service helps many local organizations and individuals in need. CubaKofC helps the parishes of Crawford County and community organizations such as the food pantries, Special Olympics, and prolife organizations, as well provides community wide events such as the Kids Christmas Party.

This is a personal invitation to all men and women of our parish to come and join our CubaKofC service community. In our busy lives many people do not think they have time to add another activity. However, your commitment is to do what you can. Maybe it is helping with just one event, attending our monthly dinner social and business meeting, or helping with our Bingo fundraiser. The choice is yours, but many hands will make light work.

Help us Help Others in our parishes, school and community by inquiring into Cuba Knights of Columbus, please join us. You won't regret it. For Further information on how to join please contact District Deputy Louis Raineri at 573-259-8920 or [louisraineri8920@gmail.com](mailto:louisraineri8920@gmail.com) or Grand Wayne Kuethe.



## JANUARY 2025 BINGO NEWS

**Thursday Nights @ 6:15 p.m. (doors open at 4)**  
**PROGRESSIVES** ~ Coverall Progressive is at a big **\$5,500.00** with 3 hot balls and a consolation prize of \$300.00. The **Second Progressive** will play out and pay **\$500.00, \$750.00 or \$1,000.00**.  
**QUEEN OF HEARTS** ~ Will be over \$6,000.  
**RAFFLE** ~ A 36" Blackstone Grill will be raffled and awarded on December 12<sup>th</sup>. (\$500.00 value)  
**CANNED FOOD DRIVE** ~ Until February.  
**MATCH ONE OF THESE** ~ Bring your tally sheet from the previous week. Win a free gas card.  
Numbers are: **183608, 183620, 183638 & 183680.**



Altar Society meets every 2nd Thursday of the month at the Holy Cross Parish Hall. This organization coordinates and works on fundraising events that support our parish, school and youth group. They also help supply the liturgical needs of the parishes. All are welcome to attend and join! Please contact Christy Moreland for more information.

## HOLY CROSS CATHOLIC SCHOOL

**Grades: Preschool (3 years old) – 2<sup>nd</sup> grade.**

HC School is an accredited school with Missouri certified teachers. It offers a Diocesan-developed curriculum in a Christian private school setting. HC School offers Title 1 tutoring for qualifying students. HC school has small class sizes and spacious classrooms.



Check out our Facebook Page

<https://www.facebook.com/cubamoschools>

facebook **Holy Cross School**

## Ways to Save for the Parishes:

- Turn in used **ink cartridges**. Given to Staples to recycle, the school receives \$2 for each cartridge, up to \$40 a month!
- Turn in **Best Choice UPC codes** found on the labels. Each UPC code is redeemable for 3¢ cents each.

Please deposit your Best Choice UPC codes and ink cartridges in the collection box in the church entrance or bring to the parish office.



**Are you VIRTUS certified?**

**Do you have your background check completed?**

**Have you signed the Code of Conduct?**

If you are not sure, or answered “no” to any of these questions, let us know!

Call or email Michelle in the office to find out if you are VIRTUS compliant! 573-885-3520 or [hcccuba@gmail.com](mailto:hcccuba@gmail.com)

**All volunteers and all school parents (both parents) must to be VIRTUS compliant prior to volunteering or your child starting school.**

Please help us, keep our children safe. The training provides us the knowledge on how to recognize signs of abuse and what to do if we suspect abuse happening. If we ALL are certified and have the training, the likelihood of a child being harmed is greatly reduced.

Call the office if you would like to have an in-person VIRTUS class, or go to [www.virtusonline.org](http://www.virtusonline.org) to register and take the 2-hour class online.

If you or a family member have experienced abused in the past, please contact our victim assistance coordinator through the Diocese, Jacqueline Baldwin at 573-694-3199.

KEEPING OUR PROMISE  
**TO PROTECT**  
Child and Youth Protection



### **Breaking the Silence of Abuse:**

As a diocese, we are committed to breaking the silence of abuse. When someone is reporting abuse, we must

acknowledge their pain and how difficult it is to talk about it. False allegations are very rare. Our initial response to someone who is disclosing abuse for the first time must be compassionate. For those who need to report abuse, encourage them to contact our Victims Assistance Coordinator, Jacqueline Baldwin, (573-694-3199) and to make use of the appropriate State of Missouri hotline (1-800-392-3738) or the [Attorney General's clergy abuse online form](#). All of this information is also on our website, under the 'report abuse' tab. For those who want information, or want you to convey a message to Bishop McKnight, please encourage them to write to us at [reportabuse@diojeffcity.org](mailto:reportabuse@diojeffcity.org).



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Need Support Now? If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat [988lifeline.org](http://988lifeline.org).

### **Online Counseling Services:**

Catholic Charities Counseling services is now providing professional in-person and online therapy across the Diocese of Jefferson City. To learn more simply visit [ccnmo.diojeffcity.org/counseling](http://ccnmo.diojeffcity.org/counseling)



# QUILTING GROUP

EVERY TUESDAY

9:00 A.M. - 12:00 P.M.

AT ST. MICHAEL'S

Starting Tuesday, January 7th,  
from 9 a.m. to 12 p.m.,  
the group will gather at the  
**Golden Echoes Center**  
(401 N. Spring St., Steelville).

They will continue meeting there every Tuesday until St. Michael's Church renovations are complete.

All are welcome to join and help make quilts for those in need!

### **Service Opportunity in Our Community:**

Drivers are needed to drive veterans to the VA hospital in Columbia MO. The local DAV (Disabled American Veterans) have the vehicles. Drivers do not have to be veterans. This is unpaid. You do get free meals! Call 885-1390 or 885-3680 to volunteer or for more info. Veterans needing a ride, call 885-1390 to schedule.



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### **Ministerial Alliances and the Food Pantries:**

In Cuba, the Cuba Ministerial Alliance (CMA) “runs” the food bank and cooperates with the Life Line Pregnancy Center.

Holy Cross has a St. Martin De Porres envelope to help the poor. The monies collected from this fund help support the Cuba Food pantry.



### **Crawford Country Mobile Food Market**

3<sup>rd</sup> Thursday of each month  
Begins at 10:30 a.m. at the  
Cuba Food Pantry

### **Local Food Pantry Hours:**

**Cuba:** (573-885-6703)

Thursdays 8:00 a.m. – 11:30 p.m. & 3:30 p.m. – 6:00 p.m.

Fridays 8:00 a.m. – 11:30 p.m.

**Steelville:** (573-775-4827)

Last 2 Tuesdays of the month hours: 2-4 p.m.

**Bourbon:** (573-732-4888)

Saturday 9-12pm.

Thrift shop: Mon. Tues. & Thur. 9-4p.m. and Sat. 9-12p.m.

**Always looking for  
volunteers!  
Call today to help!**

### **Feed the Hungry:**

Our Local food banks are in need of food. The cost of food has gone up! To help, there is a “food basket” in the entryways of our churches. Please bring nonperishable food items and place them in the baskets. The food items will be sent to the 3 food pantries in our three towns.





## Civilize it!

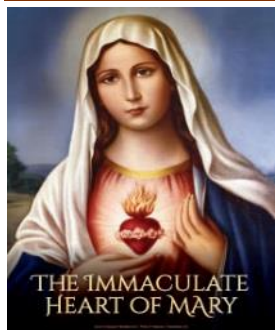
Our political discourse has become increasingly rancorous and bitter. The U.S. bishops began a campaign leading into the 2020 election to restore civility to our public and political discourse



called Civilize It: Dignity Beyond the Debate. The Missouri Catholic Conference highlighted the campaign last year with a special episode of MCC from the Capitol

with Archbishop Mitchell Rozanski. This year, the U.S. bishops are again challenging the faithful to answer Pope Francis' call to seek "a better kind of politics, one truly at the service of the common good." Civilize It: A Better Kind of Politics encourages people to commit to seeking the truth, building bridges, and finding solutions together that promote the common good. Individuals can sign the pledge, and sign up to receive additional materials, by visiting the USCCB Civilize It webpage. [www.usccb.org/civilizeit](http://www.usccb.org/civilizeit)

## Prayer to the Immaculate heart of Mary:



O Immaculate Heart of Mary, we entrust ourselves to you, Health of the Sick. At the foot of the Cross, you participated in Jesus' pain, with steadfast faith. Patroness of the Diocese of Jefferson City, you know what we need. We are certain of the power of your intercession, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who taught us to "love one another, as I have loved you" took our sufferings upon Himself and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Bring under your mantel of protection all who provide care for the sick and minister to their needs, as your Son implores us to do for one another.

**V.** We seek refuge under your protection, O Holy Mother of God.

**R.** Do not despise our pleas and deliver us from every danger, O glorious and blessed Virgin. Amen.

**the WORD among us Parish**

The Word Among Us features uplifting, and thought-provoking meditations based on the daily Mass readings.

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Trono de la Mas santos y meditaciones diarias  
**LA PALABRA entre nosotros**  
Dichosos los que tienen espíritu de pobres

*"Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your request known to God."* Philippians 4:6



The God Minute is a short, daily Christian prayer that includes peaceful music, scripture and a reflection to bless your day with the Lord. It's only 10 minutes. Take a few God Minutes each morning and see how your day rises in abundance. A Catholic devotional by the Congregation of the Mission - the Vincentians.

<https://www.thegodminute.org/wix-podcast-player>

## Jefferson City Diocesan Women's Ministry:

The Women's Ministry of Jefferson City was established to help the women of our diocese connect with each other so that we can support each other in our spiritual journeys. We find inspiration and comfort in praying with each other, in talking with each other, and in sharing the stories of our faith journeys.



<https://diojeffcity.org/womens-ministry/>

For opportunities to get involved in the ministry, please contact Barb Prasad, Director of Women's Ministry at [bpsasad@diojeffcity.org](mailto:bpsasad@diojeffcity.org) or (573) 635-9127 ext. 222

"Like" the Women's Ministry page on Facebook to keep up with events and news, and to get to know women in your parish and deanery.

[www.facebook.com/profile.php?id=100070216385915](https://www.facebook.com/profile.php?id=100070216385915)

## Please Listen to the Diocese of Jefferson City Podcast.



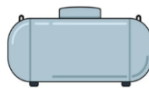
Prayer is how we orientate ourselves as stewards of God's gifts. In this month's podcast, we continue our discussion with Fr. Stephen



Jones about the Four Pillars of Stewardship. These series are designed to help us deepen our understanding of the Spirituality of Stewardship as we approach the Catholic Stewardship Renewal in **October**. Listen to the podcast at <https://diojeffcity.org/podcast/> or use the QR code above.

## Propane Offer:

Boland Energy Boland is willing to offer employees and parishioners the **fixed rate of \$1.69**. This fixed rate will expire May 31, 2025. The only stipulations are: the delivery must be a minimum of 250 gallons delivered at a time and customers must own their tank. If you would like to partake in this offer, please call Boland Energy at: 636-239-9400 and tell them the code word "Holy Cross".



# FOR YOUR MARRIAGE

## Preparing for a Great Marriage:

The Catholic Church teaches that marriage is a covenant, a contract and a bond between a man and a woman that forms a partnership for life. The marriage bond is a unique and exclusive relationship between husband and wife for the sanctification of the couple and for the procreation and Christ-centered nurturing of children in a family.

The family, with its foundation in marriage, is a fundamental unit of the Church. Marriage is also a basic social institution of human society. Marital love is at the service of the couple, the children, the community, and of the world. Because of its timeless importance, the Church teaches that marriage between two baptized Christians is a sacrament, a source of grace and a sign of God's love for the world.

Every sacrament needs preparation for its fruitful celebration. The Church wants to ensure that those entering the life-long commitment of marriage are adequately prepared for the riches and the responsibilities that are intrinsic to it. This is why the Diocese of Jefferson City has a policy for marriage preparation. It is not to make the couple "check the boxes" or "jump through hoops." In her efforts of remote, proximate and immediate preparation, the Church is not trying to make it more difficult to get married, but rather provide the best opportunity for equipping the couple to live a shared life of love, compassion and nurturing grace.

## **Engaged? Congratulations!**

Our Marriage Ministries have programs just for you, scheduled throughout 2024. Learn more and register for a Pre-Cana Conference or Engaged Encounter at [diojeffcity.org/marriage-preparation](http://diojeffcity.org/marriage-preparation).



## Marriage Resources:

**Marriage preparation – USCCB –**  
[www.usccb.org/topics/marriage-and-family-life-ministries/marriage-preparation](http://www.usccb.org/topics/marriage-and-family-life-ministries/marriage-preparation)

**Marriage & Family Life –**  
[www.archstl.org/marriage-family-life/resources/sexuality](http://www.archstl.org/marriage-family-life/resources/sexuality)

**Natural Family Planning** - [www.diojeffcity.org/natural-family-planning-2/](http://www.diojeffcity.org/natural-family-planning-2/)

**Pre-Marriage Inventory** © is a comprehensive, user-friendly tool for lay individuals, couples or professionals who are helping couples prepare for marriage, and who become trained as FOCCUS Facilitators.  
[www.foccusinc.com/foccus-inventory.aspx](http://www.foccusinc.com/foccus-inventory.aspx)

**Prepare/Enrich** provides training for premarital counseling, coaching, and education, investments in your couples' futures. [www.prepare-enrich.com](http://www.prepare-enrich.com)

**Pre-Cana** is one component of the marriage preparation options available to couples that are considering marriage within the Catholic Church. The conference itself consists of presentations by couples and individuals on topics that are a practical as well as a spiritual nature.  
[www.diojeffcity.org/marriage-preparation/pre-cana-registration/](http://www.diojeffcity.org/marriage-preparation/pre-cana-registration/)

## SAVE THE DATE!

### MARRIAGE RETREAT

*Living in the Trinity with Mary*

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